



Bright Stars Gym Schools

SafeGuarding & Welfare 2024

Safeguarding:

Our aim is to ensure all young people who participate in gymnastics have a safe, fun, positive experience in the sport and are able to fulfil their potential.

All our Bright Stars staff are qualified coaches and members of British Gymnastics with current DBS, Insurance, Safeguarding and First Aid certificates.

We require every member to fill in a 'Joining form' after their initial free trial class, this is available to download on our website. This will enable us to keep your child safe and keep your contact details up to date. Any accidents are always recorded in the accident book and children will go home with a medical slip to let parents know of any incidents that occurred that lesson if parents are not seen. Parents will be called immediately in case of an emergency.

BSGS adhere to the British Gymnastic Equality Policy.

Safety:

We will endeavour to promote the highest standards of care for all of its members, coaches and officials. We will do this by :

- Equipment is kept in good condition with regular checks by our coaches before, during and after lessons
- Equipment is set up safely with sufficient padding and checked regularly during sessions.
- Providing the correct qualified coach with the correct pupil ratio.
- That all children that arrive to us via parent/teacher and is marked off on our registers at the beginning of the lesson as attended. Any child that misses 2 consecutive lessons and have paid in full for the course will be emailed to make sure all is ok?
- Free trial attendees will be emailed 2-3 working days after the trial to see if they are happy and would like to join. And invoice will be sent out accordingly.
- Working to lesson plans / following badge schemes.
- Risk assessments in place and up to date.
- Club rules are in place and reinforced.
- Ensuring that all our staff are suitably trained and that all staff are aware of Child Protection and Health, Safety and Welfare issues and have studied the relevant policies / practices.
- The adoption of the British Gymnastic Health & Safety and Welfare Policy.
- The appointment of a Health & Safety officer to review and update policies / practices as necessary (Sarah Hills Club Director & Level 3 Women's Artistic Coach)

- Ensuring that any skills that are taught are right for the gymnasts level, safely and progressively managed. Children are only allowed to try moves they are ready and able to learn
- To give opportunities for talented children to develop to our Spectrum Gymnastics Academy squads by invitation.
- Ensuring a qualified first aider and first aid kits are present at the club sessions.
- Ensuring any accidents or incidents are reported and followed through the correct channels.

Safety Disclaimer:

Gymnastics is a very physical sport. We take the utmost care and attention to ensure safety and eliminate any kind of injury. Your child's welfare is paramount to us. Even with the above elements in place, risks can never be fully eliminated. In any case we have an emergency action plan where first aid will be administered immediately and if deemed necessary further medical help / action will be taken. Parents will be notified if we have to record the accident/incident. In a case where your child is injured either in our class or out of class, we will freeze your membership for up to 6 weeks from the date of notice and hold your child's space in club with no extra charge. When they are ready to return they can continue classes for the amount of missed lessons whilst off. Unfortunately we cannot refund any payments.

Photography - E-Safety:

There will be no unauthorised photography and videoing during training and events. Any such material for club website, social media, advertising will be authorised by the parent first. No names will be published on social media.

During events at BSGS we may take photographs / videos. Some of these images may be used for promotion and marketing purposes.

Social Media Guidelines:

You will find BSGS online via Facebook, Instagram and our own websites. There are many positive advantages of the use of these social networks, in the interest of our gymnasts and parents we adhere to our codes of conducts and to ensure the protection of our gymnasts we must treat the misuse of social media seriously. Anyone found misusing social media will be dealt with immediately in the appropriate manner. In order to prevent misuse please take note of the following guidelines :

- Do be yourself, but remember everyone can see you.
- Do share your experience and achievements but be responsible and honest.
- Do not talk negatively about other competitors, coaches, clubs, countries or teams.
- Do not forget who may be reading your profile, posts and comments.
- Do not use derogatory or bad language.
- Do not give out personal information; only make friends with people you know.
- Do not link, view or add inappropriate content.
- Remember pictures may be seen by everyone.
- Think before you post, it is almost impossible to delete posts completely from the internet !
- Finally report anything that concerns you.

For further information on social media guidelines, please see the British Gymnastic Website. Club Policies and Privacy Notice also on our Bright Stars website.